

## Dr.B.Kunthavi

| S.NO | TITLE   | JOURNAL/NATIONAL/INTERNATIONAL CONFERENCE/FDP                             | VOLUME WITH MONTH            | IF CONFERENCE ORAL/POSTER PRESENTATION | IF CONFERENCE MENTION VENUE   | AUTHOR POSITION |
|------|---|---|------------------------------|--|---|-----------------|
| 1    | The Effectiveness of Yogasanas in Alleviating Exam Anxiety in Medical Students.   | International Journal Of Novel Research And Development                   | Volume 9, Issue 7 July 2024. |  |   | 2nd Author      |
| 2    | Traditional Siddha Oral Hygiene Techniques vs. Modern Practices: A Comparative Study of Efficacy and Benefits.  | ISAR Journal of Multidisciplinary Research and Studies                    | Vol-2, Iss-9 (Sep- 2024)     |  |   | 2nd Author      |
| 3    | Assessing the Short-Term Reduction of Anxiety Through Pranayama Among Medical Students  | International Journal Of Scientific Research in multidisciplinary studies | Vol-10, Iss-11 (Dec-2024)    | Paper Accepted                         |   | 2nd Author      |
| 4    | Workshop (Physical Phase II) for Expert Member for Framing of Competency Based Curriculum and Syllabus for Siddha Under Graduate Program for the subject of Varmam. Puramaruthuvam and Sirappumaruthuvam ( Third Professional BSMS) | Faculty Development Programme   | 24.10.2024 to 26.10.2024     | Syllabus framing                       | National Institute for Micro, Small and Medium Enterprises (ni-msme) An Organisation of Ministry of MSME, Govt. of India and ISO 9001:2015 Certified Yousufguda, Hyderabad - 500045, Telangana. | Expert Member   |
| 5    | Capacity Building Program "Entrepreneurship Development"  | Capacity Building Program   | 06 MAY 2024 TO 10 MAY 2024   | Participated                           | National Institute for Micro, Small and Medium Enterprises (ni-msme) An Organisation of Ministry of MSME, Govt. of India and ISO 9001:2015 Certified Yousufguda, Hyderabad - 500045, Telangana. | Member          |