

# DEPARTMENTAL ACTIVITIES

Department of Sool, Magalir Maruthuvam

## “MENSTRUAL HYGIENE DAY 2024”

An Awareness programme was conducted by the Department of Sool, Magalir Maruthuvam on 28.05.2024 "MENSTRUAL HYGIENE DAY" at Nandha Siddha Medical College and Hospital. All the Girl students of our college participated.

### The main objectives of celebrating this day

- To break the silence on menstruation
- To raise awareness on importance of menstrual hygiene management
- To promote the MHM friendly environment.





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