



NANDHA SIDDHA

MEDICAL COLLEGE AND HOSPITAL

Pitchandampalayam Post, Erode – 638 052.

இலந்தை

Ziziphus mauritiana(Lam) / Indian jujube



Family: Malvaceae

Part Used: Fruits, seeds, leaves.

Siddha Medicinal Uses	Active Compounds/Benefits
<ul style="list-style-type: none">Fruit can improve digestion and purify blood.Leaves of this plant has anti-pyretic property.	<p>Cerebroside, Flavanoid, glycoside.</p> <ul style="list-style-type: none">Anti-bacterial, analgesic, antioxidant.