



NANDHA SIDDHA

MEDICAL COLLEGE AND HOSPITAL

Pitchandampalayam Post, Erode – 638 052.

நெருஞ்சில்

Tribulus terrestris Linn. / Puncture vine.



Family: Zygophyllaceae

Part Used: Dried fruit, leaves, whole plant.

Siddha Medicinal Uses	Active Compounds/Benefits
<ul style="list-style-type: none">The whole plant decoction is used to treat renal calculi and urinary infections.	<p>Troublesterine, Tribulosin, Terrestriamide.</p> <ul style="list-style-type: none">Diuretic, Aphrodisiac, Anti diabetic.Whole plant is used to treat renal calculi.