



# NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL

Pitchandampalayam Post, Erode – 638 052.

வெண்கோஷ்டம்

*Costus speciosus(koen) Sm. / Insulin plant*



**Family:** Zingiberaceae

**Part Used:** Rhizomes and leaves.

Siddha Medicinal Uses	Active Compounds/Benefits
Medicated oil from Leaves is fumigated to treat piles.	Diosgenin, Costunolide.
Antidiabetic, Cures Eye Diseases.	